

West Fargo Invitational Cross Country Meet - 9/3/2016

M.B. Johnson Park

Results

#1 Girls 5k Run CC Varsity

Comp#	Name	School	Time	Points
1	400 Ackley, Karly 12	Grand Forks Central High	18:37.40	
2	449 Roehl, Alexis 10	Grand Forks Central High	19:03.31	
3	914 Dufner, Jennifer 12	West Fargo High School	19:11.56	
4	456 Torrey, Rachel 11	Grand Forks Central High	19:52.17	
5	127 Henne, Bridget 10	Fargo Davies High School	20:26.67	
6	140 Lundstrom, Megan 10	Fargo Davies High School	20:38.78	
7	135 Lane, Payton 09	Fargo Davies High School	20:51.06	
8	700 Anderson, Caleigh 11	West Fargo Sheyenne High	21:04.88	
9	117 Duffield, Cory 12	Fargo Davies High School	21:13.94	
10	739 Miller, Kalley 12	West Fargo Sheyenne High	21:19.96	
11	724 Glessner, Lucy 11	West Fargo Sheyenne High	21:20.12	
12	427 Kindseth, Silje 08	Grand Forks Central High	21:20.75	
13	911 Burtsfield, Emmalee 11	West Fargo High School	21:28.36	
14	149 Rude, Aubrey 09	Fargo Davies High School	21:32.86	
15	450 Roehl, Sophia 08	Grand Forks Central High	21:35.14	
16	949 Schreiner, Nicole 12	West Fargo High School	21:39.62	
17	143 McLagan, Greta 10	Fargo Davies High School	21:51.13	
18	113 Burian, McKenzie 10	Fargo Davies High School	21:59.65	
19	419 Harrison, Lauren 08	Grand Forks Central High	22:00.38	
20	729 Heitmann, Brenna 11	West Fargo Sheyenne High	22:01.09	
21	942 Pringle, Hope 09	West Fargo High School	22:03.07	
22	458 Weiss, Mikayla 09	Grand Forks Central High	22:25.98	
23	769 Weber, Shelby 10	West Fargo Sheyenne High	22:36.92	
24	702 Barta, Mattyson 11	West Fargo Sheyenne High	22:39.34	
25	405 Berry, Nora 08	Grand Forks Central High	22:53.41	
26	442 Peck, Megan 09	Grand Forks Central High	23:04.66	
27	508 Campbell, Peytun 11	Grand Forks Red River	23:06.82	
28	529 Kroese, Oksana 09	Grand Forks Red River	23:10.38	
29	142 Matter, Katie 09	Fargo Davies High School	23:11.66	
30	701 Anderson, Cayden 08	West Fargo Sheyenne High	23:13.80	
31	420 Hatcher, Rachel 12	Grand Forks Central High	23:18.31	
32	757 Smith, Eden 09	West Fargo Sheyenne High	23:20.12	
33	751 Sailer, Emma 11	West Fargo Sheyenne High	23:29.05	
34	813 Lloyd, Courtney 11	Valley City High School	23:51.24	
35	939 Nelson, Madysen 11	West Fargo High School	23:54.90	
36	804 Curtis, Presley 09	Valley City High School	24:16.16	
37	802 Boe, Sophia 09	Valley City High School	24:25.95	
38	1008 Johnson, Aerial 08	Northern Cass High School	24:29.80	
39	923 Hansen, Emily 09	West Fargo High School	24:29.82	
40	154 Skaare, Emily 12	Fargo Davies High School	24:43.29	
41	1013 Westrick, Alicia 12	Northern Cass High School	24:45.52	
42	815 Schueneman, Eliza 10	Valley City High School	25:03.79	
43	817 Triebold, Lexi 09	Valley City High School	25:11.01	
44	510 Conneran, Ashley 11	Grand Forks Red River	25:13.55	
45	929 Johnson, Jenna 10	West Fargo High School	25:43.16	
46	931 Kalman, Abby 09	West Fargo High School	25:48.56	
47	546 Shroyer, Megan 12	Grand Forks Red River	26:11.05	
48	545 Shroyer, Erin 12	Grand Forks Red River	26:23.37	
49	1000 Blacksmith, Arianna 11	Northern Cass High School	26:46.15	

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

Event 1 Girls 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Ackley, Karly	12	GF Central	18:37.40	1
2 Roehl, Alexis	10	GF Central	19:03.31	2
3 Dufner, Jennifer	12	West Fargo	19:11.56	3
4 Torrey, Rachel	11	GF Central	19:52.17	4
5 Henne, Bridget	10	Fargo Davies	20:26.67	5
6 Lundstrom, Megan	10	Fargo Davies	20:38.78	6
7 Lane, Payton	09	Fargo Davies	20:51.06	7
8 Anderson, Caleigh	11	WF Sheyenne	21:04.88	8
9 Duffield, Cory	12	Fargo Davies	21:13.94	9
10 Miller, Kalley	12	WF Sheyenne	21:19.96	10
11 Glessner, Lucy	11	WF Sheyenne	21:20.12	11
12 Kindseth, Silje	08	GF Central	21:20.75	12
13 Burtsfield, Emmalee	11	West Fargo	21:28.36	13
14 Rude, Aubrey	09	Fargo Davies	21:32.86	14
15 Roehl, Sophia	08	GF Central	21:35.14	15
16 Schreiner, Nicole	12	West Fargo	21:39.62	16
17 McLagan, Greta	10	Fargo Davies	21:51.13	17
18 Burian, McKenzie	10	Fargo Davies	21:59.65	18
19 Harrison, Lauren	08	GF Central	22:00.38	19
20 Heitmann, Brenna	11	WF Sheyenne	22:01.09	20
21 Pringle, Hope	09	West Fargo	22:03.07	21
22 Weiss, Mikayla	09	GF Central	22:25.98	22
23 Weber, Shelby	10	WF Sheyenne	22:36.92	23
24 Barta, Mattyson	11	WF Sheyenne	22:39.34	24
25 Berry, Nora	08	GF Central	22:53.41	
26 Peck, Megan	09	GF Central	23:04.66	
27 Campbell, Peytun	11	GF Red River	23:06.82	25
28 Kroese, Oksana	09	GF Red River	23:10.38	26
29 Matter, Katie	09	Fargo Davies	23:11.66	
30 Anderson, Cayden	08	WF Sheyenne	23:13.80	27
31 Hatcher, Rachel	12	GF Central	23:18.31	
32 Smith, Eden	09	WF Sheyenne	23:20.12	
33 Sailer, Emma	11	WF Sheyenne	23:29.05	
34 Lloyd, Courtney	11	Valley City	23:51.24	28
35 Nelson, Madysen	11	West Fargo	23:54.90	29
36 Curtis, Presley	09	Valley City	24:16.16	30
37 Boe, Sophia	09	Valley City	24:25.95	31
38 Johnson, Airial	08	Northern Cass	24:29.80	
39 Hansen, Emily	09	West Fargo	24:29.82	32
40 Skaare, Emily	12	Fargo Davies	24:43.29	
41 Westrick, Alicia	12	Northern Cass	24:45.52	
42 Schueneman, Eliza	10	Valley City	25:03.79	33
43 Triebold, Lexi	09	Valley City	25:11.01	34
44 Conneran, Ashley	11	GF Red River	25:13.55	35
45 Johnson, Jenna	10	West Fargo	25:43.16	36
46 Kalman, Abby	09	West Fargo	25:48.56	
47 Shroyer, Megan	12	GF Red River	26:11.05	37
48 Shroyer, Erin	12	GF Red River	26:23.37	38
49 Blacksmith, Arianna	11	Northern Cass	26:46.15	

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

....Event 1 Girls 5k Run CC Varsity

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Grand Forks Central High Total Time: 1:40:28.77 Average: 20:05.76	34	1	2	4	12	15	19	22		
2	Fargo Davies High School Total Time: 1:44:43.31 Average: 20:56.67	41	5	6	7	9	14	17	18		
3	West Fargo Sheyenne High Total Time: 1:48:22.97 Average: 21:40.60	72	8	10	11	20	23	24	27		
4	West Fargo High School Total Time: 1:48:17.51 Average: 21:39.51	82	3	13	16	21	29	32	36		
5	Valley City High School Total Time: 2:02:48.15 Average: 24:33.63	156	28	30	31	33	34				
6	Grand Forks Red River Total Time: 2:04:05.17 Average: 24:49.04	161	25	26	35	37	38				

West Fargo Invitational Cross Country Meet - 9/3/2016**M.B. Johnson Park****Results****#2 Boys 5k Run CC Varsity**

Comp#	Name	School	Time	Points
1	523 Hutchinson, Ben 12	Grand Forks Red River	16:50.16	
2	915 Dullum, Jace 10	West Fargo High School	17:10.77	
3	440 Osborn, Richie 12	Grand Forks Central High	17:25.99	
4	937 Mears, Drew 12	West Fargo High School	17:35.78	
5	758 Smith, Leo 11	West Fargo Sheyenne High	17:40.67	
6	507 Byrne, Dalton 11	Grand Forks Red River	17:43.61	
7	549 Stenseth, Cole 11	Grand Forks Red River	17:48.93	
8	516 Dunham, Tim 11	Grand Forks Red River	18:09.11	
9	917 Emerson, John 12	West Fargo High School	18:15.97	
10	451 Springer, Aaron 12	Grand Forks Central High	18:22.73	
11	443 Peterson, Kohlton 12	Grand Forks Central High	18:32.50	
12	767 Wasem, Luke 11	West Fargo Sheyenne High	18:42.19	
13	752 Sailer, Jakob 11	West Fargo Sheyenne High	18:44.76	
14	501 Arason, Jake 10	Grand Forks Red River	18:45.62	
15	909 Bruer, Braxton 10	West Fargo High School	18:46.67	
16	409 Cruz, Emery 11	Grand Forks Central High	18:56.12	
17	754 Schauer, Logan 11	West Fargo Sheyenne High	19:16.28	
18	1006 Hoff, Joe 12	Northern Cass High School	19:18.69	
19	749 Rohrer, Nathan 11	West Fargo Sheyenne High	19:21.17	
20	509 Carroll, Parker 12	Grand Forks Red River	19:24.60	
21	439 Olsen, Eric 10	Grand Forks Central High	19:40.52	
22	750 Roy, Adam 10	West Fargo Sheyenne High	19:45.31	
23	927 Huseby, Brandon 11	West Fargo High School	19:49.80	
24	704 Benson, Seth 10	West Fargo Sheyenne High	20:05.48	
25	453 Swanson, Brenden 11	Grand Forks Central High	20:09.75	
26	429 McKeever, Josh 10	Grand Forks Central High	20:14.10	
27	913 Dufner, Adam 11	West Fargo High School	20:14.78	
28	740 Mullenberg, Troy 10	West Fargo Sheyenne High	20:28.31	
29	906 Biwer, Aiden 09	West Fargo High School	20:34.15	
30	938 Milbrath, Jordan 10	West Fargo High School	20:36.94	
31	732 Kensok, Benjamin 10	West Fargo Sheyenne High	20:40.73	
32	930 Johnson, Luke 10	West Fargo High School	20:42.77	
33	723 Glessner, John 09	West Fargo Sheyenne High	20:44.56	
34	958 Yut, Mat 10	West Fargo High School	21:13.67	
35	1007 Howatt, Zach 12	Northern Cass High School	21:38.53	
36	726 Hajric, Kerim 10	West Fargo Sheyenne High	22:09.66	
37	1011 Phillips, Henry 12	Northern Cass High School	22:46.79	
38	1012 Steffes, Jack 11	Northern Cass High School	22:47.36	
39	1003 Brayton, Nolan 10	Northern Cass High School	23:07.80	

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

Event 2 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1 Hutchinson, Ben	12	GF Red River	16:50.16	1
2 Dullum, Jace	10	West Fargo	17:10.77	2
3 Osborn, Richie	12	GF Central	17:25.99	3
4 Mears, Drew	12	West Fargo	17:35.78	4
5 Smith, Leo	11	WF Sheyenne	17:40.67	5
6 Byrne, Dalton	11	GF Red River	17:43.61	6
7 Stenseth, Cole	11	GF Red River	17:48.93	7
8 Dunham, Tim	11	GF Red River	18:09.11	8
9 Emerson, John	12	West Fargo	18:15.97	9
10 Springer, Aaron	12	GF Central	18:22.73	10
11 Peterson, Kohlton	12	GF Central	18:32.50	11
12 Wasem, Luke	11	WF Sheyenne	18:42.19	12
13 Sailer, Jakob	11	WF Sheyenne	18:44.76	13
14 Arason, Jake	10	GF Red River	18:45.62	14
15 Bruer, Braxton	10	West Fargo	18:46.67	15
16 Cruz, Emery	11	GF Central	18:56.12	16
17 Schauer, Logan	11	WF Sheyenne	19:16.28	17
18 Hoff, Joe	12	Northern Cass	19:18.69	18
19 Rohrer, Nathan	11	WF Sheyenne	19:21.17	19
20 Carroll, Parker	12	GF Red River	19:24.60	20
21 Olsen, Eric	10	GF Central	19:40.52	21
22 Roy, Adam	10	WF Sheyenne	19:45.31	22
23 Huseby, Brandon	11	West Fargo	19:49.80	23
24 Benson, Seth	10	WF Sheyenne	20:05.48	24
25 Swanson, Brenden	11	GF Central	20:09.75	25
26 McKeever, Josh	10	GF Central	20:14.10	26
27 Dufner, Adam	11	West Fargo	20:14.78	27
28 Mullenberg, Troy	10	WF Sheyenne	20:28.31	
29 Biwer, Aiden	09	West Fargo	20:34.15	28
30 Milbrath, Jordan	10	West Fargo	20:36.94	
31 Kensok, Benjamin	10	WF Sheyenne	20:40.73	
32 Johnson, Luke	10	West Fargo	20:42.77	
33 Glessner, John	09	WF Sheyenne	20:44.56	
34 Yut, Mat	10	West Fargo	21:13.67	
35 Howatt, Zach	12	Northern Cass	21:38.53	29
36 Hajric, Kerim	10	WF Sheyenne	22:09.66	
37 Phillips, Henry	12	Northern Cass	22:46.79	30
38 Steffes, Jack	11	Northern Cass	22:47.36	31
39 Brayton, Nolan	10	Northern Cass	23:07.80	32

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
=====											

West Fargo Invitational Cross Country Meet - 9/3/2016**M.B. Johnson Park****Rankings****....Event 2 Boys 5k Run CC Varsity**

1	Grand Forks Red River	36	1	6	7	8	14	20	
	Total Time:	1:29:17.43							
	Average:	17:51.49							
2	West Fargo High School	53	2	4	9	15	23	27	28
	Total Time:	1:31:38.99							
	Average:	18:19.80							
3	Grand Forks Central High	61	3	10	11	16	21	25	26
	Total Time:	1:32:57.86							
	Average:	18:35.58							
4	West Fargo Sheyenne High	66	5	12	13	17	19	22	24
	Total Time:	1:33:45.07							
	Average:	18:45.02							
5	Northern Cass High School	140	18	29	30	31	32		
	Total Time:	1:49:39.17							
	Average:	21:55.84							

West Fargo Invitational Cross Country Meet - 9/3/2016

M.B. Johnson Park

Results

#3 Girls 4k Run CC JV

Comp#	Name	School	Time	Points
1	162 Wacha, Ryleigh 08	Fargo Davies High School	16:50.49	
2	115 Dietz, Taylor 08	Fargo Davies High School	16:51.57	
3	138 Lovehaug, McKenna 08	Fargo Davies High School	17:16.96	
4	517 Emineth, Grace 09	Grand Forks Red River	18:29.34	
5	166 Zink, Halle 09	Fargo Davies High School	18:31.78	
6	411 Doze, Valerie 12	Grand Forks Central High	18:45.15	
7	544 Severson, Mackenzie 10	Grand Forks Red River	18:46.01	
8	814 Murray, Avery 08	Valley City High School	18:48.20	
9	737 Manson, Avery 09	West Fargo Sheyenne High	18:54.18	
10	161 Van Peurseem, Jayden 10	Fargo Davies High School	19:00.76	
11	151 Rue, Elise 10	Fargo Davies High School	19:24.39	
12	105 Bloom, Jensen 11	Fargo Davies High School	19:31.43	
13	165 Zastoupil, Hanna 10	Fargo Davies High School	19:32.45	
14	164 Yousa, Judies 09	Fargo Davies High School	19:42.95	
15	119 Frappier, Sophia 10	Fargo Davies High School	19:45.52	
16	118 Eslinger, Brenna 10	Fargo Davies High School	19:52.26	
17	525 Hydt, Chloe 09	Grand Forks Red River	19:57.77	
18	746 Pieper, Karalyn 11	West Fargo Sheyenne High	20:04.32	
19	816 Slyter, Olivia 08	Valley City High School	20:14.38	
20	548 Speicher, Jess 10	Grand Forks Red River	20:22.25	
21	129 Hill, Fallon 12	Fargo Davies High School	20:23.56	
22	953 Troftgruben, Taryn 09	West Fargo High School	20:26.43	
23	157 Suppes, Anna 11	Fargo Davies High School	20:35.78	
24	531 Leach, Claire 09	Grand Forks Red River	20:36.19	
25	125 Hanson, Molly 12	Fargo Davies High School	20:46.30	
26	957 Wohl, Alexis 10	West Fargo High School	20:54.92	
27	428 Kroeber, Maria 09	Grand Forks Central High	21:02.25	
28	150 Rue, Ana Claire 11	Fargo Davies High School	21:09.95	
29	403 Allan, Meghan 12	Grand Forks Central High	21:20.25	
30	422 Holubnyak, Anastasa 09	Grand Forks Central High	21:28.78	
31	711 Brekhus, Amber 10	West Fargo Sheyenne High	21:30.11	
32	110 Brooks, Abby 10	Fargo Davies High School	21:35.23	
33	137 Lorenz, Isabelle 10	Fargo Davies High School	21:41.53	
34	554 Bohan, Kiera 10	Grand Forks Red River	21:45.64	
35	130 Hughes, Journey 10	Fargo Davies High School	21:49.85	
36	809 Jorissen, Taylen 11	Valley City High School	21:56.53	
37	519 Falten, Leecia 09	Grand Forks Red River	21:57.57	
38	936 Lambertz, Anna 10	West Fargo High School	22:25.07	
39	144 Orvedal, Brooke 10	Fargo Davies High School	22:31.20	
40	528 Kleven, Maddie 10	Grand Forks Red River	22:34.21	
41	801 Bjork, Haylee 10	Valley City High School	22:34.51	
42	406 Bertsch, Brenna 11	Grand Forks Central High	22:55.70	
43	407 Brunell, Lillian 09	Grand Forks Central High	22:58.22	
44	928 Johnson, Ashley 12	West Fargo High School	23:00.29	
45	416 Green, Annika 09	Grand Forks Central High	23:06.26	
46	555 Brewster, Reganne 11	Grand Forks Red River	23:13.83	
47	803 Couture, Rachael 09	Valley City High School	23:20.57	
48	454 Thorpe, Hannah 10	Grand Forks Central High	23:22.46	
49	800 Berg, Tori 10	Valley City High School	23:29.15	
50	431 Moore, Stephanie 09	Grand Forks Central High	23:45.86	
51	805 Dockter, Molly 10	Valley City High School	24:43.65	
52	112 Bucholz, Hailey 12	Fargo Davies High School	25:02.47	
53	520 Gallagher, Bailley 10	Grand Forks Red River	25:30.11	
54	812 Leroux, Mackenzie 11	Valley City High School	25:35.02	

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Results

....#3 Girls 4k Run CC JV

55 506 Boucher, Sydnee 09

Grand Forks Red River

25:40.91

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

Event 3 Girls 4k Run CC JV

Name	Year	School	Finals	Points
1 Wacha, Ryleigh	08	Fargo Davies	16:50.49	1
2 Dietz, Taylor	08	Fargo Davies	16:51.57	2
3 Lovehaug, McKenna	08	Fargo Davies	17:16.96	3
4 Emineth, Grace	09	GF Red River	18:29.34	4
5 Zink, Halle	09	Fargo Davies	18:31.78	5
6 Doze, Valerie	12	GF Central	18:45.15	6
7 Severson, Mackenzie	10	GF Red River	18:46.01	7
8 Murray, Avery	08	Valley City	18:48.20	8
9 Manson, Avery	09	WF Sheyenne	18:54.18	
10 Van Peurse, Jayden	10	Fargo Davies	19:00.76	9
11 Rue, Elise	10	Fargo Davies	19:24.39	10
12 Bloom, Jensen	11	Fargo Davies	19:31.43	11
13 Zastoupil, Hanna	10	Fargo Davies	19:32.45	
14 Yousa, Judies	09	Fargo Davies	19:42.95	
15 Frappier, Sophia	10	Fargo Davies	19:45.52	
16 Eslinger, Brenna	10	Fargo Davies	19:52.26	
17 Hydt, Chloe	09	GF Red River	19:57.77	12
18 Pieper, Karalyn	11	WF Sheyenne	20:04.32	
19 Slyter, Olivia	08	Valley City	20:14.38	13
20 Speicher, Jess	10	GF Red River	20:22.25	14
21 Hill, Fallon	12	Fargo Davies	20:23.56	
22 Troftgruben, Taryn	09	West Fargo	20:26.43	
23 Suppes, Anna	11	Fargo Davies	20:35.78	
24 Leach, Claire	09	GF Red River	20:36.19	15
25 Hanson, Molly	12	Fargo Davies	20:46.30	
26 Wohl, Alexis	10	West Fargo	20:54.92	
27 Kroeber, Maria	09	GF Central	21:02.25	16
28 Rue, Ana Claire	11	Fargo Davies	21:09.95	
29 Allan, Meghan	12	GF Central	21:20.25	17
30 Holubnyak, Anastasa	09	GF Central	21:28.78	18
31 Brekhus, Amber	10	WF Sheyenne	21:30.11	
32 Brooks, Abby	10	Fargo Davies	21:35.23	
33 Lorenz, Isabelle	10	Fargo Davies	21:41.53	
34 Bohan, Kiera	10	GF Red River	21:45.64	19
35 Hughes, Journey	10	Fargo Davies	21:49.85	
36 Jorissen, Taylen	11	Valley City	21:56.53	20
37 Falten, Leecia	09	GF Red River	21:57.57	21
38 Lambertz, Anna	10	West Fargo	22:25.07	
39 Orvedal, Brooke	10	Fargo Davies	22:31.20	
40 Kleven, Maddie	10	GF Red River	22:34.21	
41 Bjork, Haylee	10	Valley City	22:34.51	22
42 Bertsch, Brenna	11	GF Central	22:55.70	23
43 Brunell, Lillian	09	GF Central	22:58.22	24
44 Johnson, Ashley	12	West Fargo	23:00.29	
45 Green, Annika	09	GF Central	23:06.26	25
46 Brewster, Reganne	11	GF Red River	23:13.83	
47 Couture, Rachael	09	Valley City	23:20.57	26
48 Thorpe, Hannah	10	GF Central	23:22.46	
49 Berg, Tori	10	Valley City	23:29.15	27
50 Moore, Stephanie	09	GF Central	23:45.86	
51 Dockter, Molly	10	Valley City	24:43.65	28
52 Bucholz, Hailey	12	Fargo Davies	25:02.47	

West Fargo Invitational Cross Country Meet - 9/3/2016**M.B. Johnson Park****Results****#4 Boys 4k Run CC JV**

Comp#	Name	School	Time	Points
1	503 Bartholomew, Michael 09	Grand Forks Red River	15:11.08	
2	547 Simon, Zach 10	Grand Forks Red River	15:31.43	
3	505 Betz, Sam 10	Grand Forks Red River	16:10.83	
4	515 Dorsey, Gavin 09	Grand Forks Red River	16:16.55	
5	705 Bjertness, Josiah 11	West Fargo Sheyenne High	16:18.20	
6	447 Reese, Cedric 12	Grand Forks Central High	16:27.84	
7	417 Green, Joseph 11	Grand Forks Central High	16:37.57	
8	745 Peterson, Matthew 12	West Fargo Sheyenne High	16:50.41	
9	741 Nelson, Zachary 11	West Fargo Sheyenne High	16:55.20	
10	437 Newton, Jacob 10	Grand Forks Central High	17:06.57	
11	459 Welsh, Evan 12	Grand Forks Central High	17:13.31	
12	731 Kalvoda, Matthew 11	West Fargo Sheyenne High	17:18.80	
13	828 Tahran, Dakota 09	Valley City High School	17:30.47	
14	550 Tabor, Nate 10	Grand Forks Red River	17:34.95	
15	822 Jenner, Ethan 09	Valley City High School	17:36.96	
16	425 Hutton, Ajay 12	Grand Forks Central High	17:55.73	
17	941 Orth, Ryan 09	West Fargo High School	17:59.07	
18	823 Jordan, Jack 11	Valley City High School	17:59.61	
19	960 Zerr, Joseph 07	West Fargo High School	17:59.94	
20	819 Couture, Keegan 08	Valley City High School	18:00.84	
21	421 Hettich, Daniel 09	Grand Forks Central High	18:09.17	
22	908 Boucher, Brandon 09	West Fargo High School	18:13.20	
23	742 Nordstrom, Noah 10	West Fargo Sheyenne High	18:13.68	
24	435 Nelp, Lance 09	Grand Forks Central High	18:28.33	
25	448 Reese, Sebastian 10	Grand Forks Central High	18:28.75	
26	735 Kramer, Joshua 09	West Fargo Sheyenne High	19:31.83	
27	441 O'Toole, Jacob 09	Grand Forks Central High	19:51.56	
28	755 Schroeder, Tyler 10	West Fargo Sheyenne High	19:53.82	
29	761 Stenerson, Devin 11	West Fargo Sheyenne High	20:00.42	
30	521 Gilberts, Skyler 09	Grand Forks Red River	20:02.44	
31	524 Hutchinson, Evan 10	Grand Forks Red River	20:22.01	
32	955 Vertin, Jace 09	West Fargo High School	20:40.08	
33	540 Sax, Dillon 12	Grand Forks Red River	24:23.13	
34	766 Vangsness, Karl 09	West Fargo Sheyenne High	24:36.12	

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

....Event 4 Boys 4k Run CC JV

3	West Fargo	Sheyenne High	50	5	8	9	12	16	18	19
Total Time:			1:25:36.29							
Average:			17:07.26							

West Fargo Invitational Cross Country Meet - 9/3/2016

M.B. Johnson Park

Results

#5 Girls 3k Run CC Middle Schoo

Comp#	Name	School	Time	Points
1	153 Selzler, Elle 08	Fargo Davies High School	12:16.57	
2	102 Barnick, Brenna 07	Fargo Davies High School	12:24.17	
3	717 Differding, Hannah 07	West Fargo Sheyenne High	12:55.28	
4	1001 Bosch, Sam 07	Northern Cass High School	13:01.11	
5	152 Seidel, Jensen 07	Fargo Davies High School	13:03.26	
6	514 Dorsey, Campbell 07	Grand Forks Red River	13:08.19	
7	123 Gothberg, Abby 08	Fargo Davies High School	13:15.26	
8	146 Phillips, Janae 08	Fargo Davies High School	13:17.60	
9	106 Bloom, Kendal 08	Fargo Davies High School	13:23.39	
10	760 Stansbury, Onnica 08	West Fargo Sheyenne High	13:31.03	
11	722 Frank, Gillian 08	West Fargo Sheyenne High	13:31.83	
12	707 Bjugstad, Mya 07	West Fargo Sheyenne High	13:51.67	
13	949 Schreiner, Nicole 12	West Fargo High School	14:00.55	
14	158 Thurlow, Tessa 07	Fargo Davies High School	14:16.77	
15	556 Hendrickson, Brianna 07	Grand Forks Red River	14:17.66	
16	109 Brekke, Molly 07	Fargo Davies High School	14:18.02	
17	541 Schmidt, Gracia 08	Grand Forks Red River	14:18.58	
18	933 Klamann, Emily 07	West Fargo High School	14:24.21	
19	1002 Brayton, Annie 07	Northern Cass High School	14:28.94	
20	728 Harry, Paige 07	West Fargo Sheyenne High	14:40.02	
21	500 Anderson, Rachel 07	Grand Forks Red River	14:49.55	
22	946 Salou, Sahara 07	West Fargo High School	14:54.78	
23	530 Lapp, Claire 08	Grand Forks Red River	14:56.58	
24	744 Nystrom, Morgan 07	West Fargo Sheyenne High	15:04.94	
25	156 Stenerson, Mataya 07	Fargo Davies High School	15:09.18	
26	706 Bjone, Madisen 07	West Fargo Sheyenne High	15:15.85	
27	920 Erbstrosser, Paige 08	West Fargo High School	15:16.27	
28	534 Neubert, Narria 07	Grand Forks Red River	15:19.34	
29	808 Jenner, Morgan 07	Valley City High School	15:20.72	
30	536 Peterson, Avery 07	Grand Forks Red River	15:22.90	
31	414 Fish, Adara 07	Grand Forks Central High	15:25.89	
32	701 Anderson, Cayden 08	West Fargo Sheyenne High	15:28.54	
33	100 Altendorf, Brooklyn 08	Fargo Davies High School	15:29.76	
34	424 Hunter, Ceallan 07	Grand Forks Central High	15:34.03	
35	743 North, Rebecca 08	West Fargo Sheyenne High	15:38.58	
36	748 Ramsey, Kyona 08	West Fargo Sheyenne High	15:50.56	
37	543 Severson, Kylie 08	Grand Forks Red River	15:55.06	
38	811 Komrosky, Makayla 07	Valley City High School	16:25.66	
39	455 Thorpe, Tabitha 08	Grand Forks Central High	16:40.60	
40	527 Kleven, Anne 07	Grand Forks Red River	16:55.83	
41	925 Hoang, Ellie 07	West Fargo High School	17:57.74	
42	903 Beito, Alexis 07	West Fargo High School	20:24.12	

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

Event 5 Girls 3k Run CC Middle Schoo

Name	Year School	Finals	Points
1 Selzler, Elle	08 Fargo Davies	12:16.57	1
2 Barnick, Brenna	07 Fargo Davies	12:24.17	2
3 Differding, Hannah	07 WF Sheyenne	12:55.28	3
4 Bosch, Sam	07 Northern Cass	13:01.11	
5 Seidel, Jensen	07 Fargo Davies	13:03.26	4
6 Dorsey, Campbell	07 GF Red River	13:08.19	5
7 Gothberg, Abby	08 Fargo Davies	13:15.26	6
8 Phillips, Janae	08 Fargo Davies	13:17.60	7
9 Bloom, Kendal	08 Fargo Davies	13:23.39	8
10 Stansbury, Onnica	08 WF Sheyenne	13:31.03	9
11 Frank, Gillian	08 WF Sheyenne	13:31.83	10
12 Bjugstad, Mya	07 WF Sheyenne	13:51.67	11
13 Schreiner, Nicole	12 West Fargo	14:00.55	12
14 Thurlow, Tessa	07 Fargo Davies	14:16.77	13
15 Hendrickson, Brianna	07 GF Red River	14:17.66	14
16 Brekke, Molly	07 Fargo Davies	14:18.02	
17 Schmidt, Gracia	08 GF Red River	14:18.58	15
18 Klamann, Emily	07 West Fargo	14:24.21	16
19 Brayton, Annie	07 Northern Cass	14:28.94	
20 Harry, Paige	07 WF Sheyenne	14:40.02	17
21 Anderson, Rachel	07 GF Red River	14:49.55	18
22 Salou, Sahara	07 West Fargo	14:54.78	19
23 Lapp, Claire	08 GF Red River	14:56.58	20
24 Nystrom, Morgan	07 WF Sheyenne	15:04.94	21
25 Stenerson, Mataya	07 Fargo Davies	15:09.18	
26 Bjone, Madisen	07 WF Sheyenne	15:15.85	22
27 Erbstrosser, Paige	08 West Fargo	15:16.27	23
28 Neubert, Narria	07 GF Red River	15:19.34	24
29 Jenner, Morgan	07 Valley City	15:20.72	
30 Peterson, Avery	07 GF Red River	15:22.90	25
31 Fish, Adara	07 GF Central	15:25.89	
32 Anderson, Cayden	08 WF Sheyenne	15:28.54	
33 Altendorf, Brooklyn	08 Fargo Davies	15:29.76	
34 Hunter, Ceallan	07 GF Central	15:34.03	
35 North, Rebecca	08 WF Sheyenne	15:38.58	
36 Ramsey, Kyona	08 WF Sheyenne	15:50.56	
37 Severson, Kylie	08 GF Red River	15:55.06	
38 Komrosky, Makayla	07 Valley City	16:25.66	
39 Thorpe, Tabitha	08 GF Central	16:40.60	
40 Kleven, Anne	07 GF Red River	16:55.83	
41 Hoang, Ellie	07 West Fargo	17:57.74	26
42 Beito, Alexis	07 West Fargo	20:24.12	27

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

....Event 5 Girls 3k Run CC Middle Schoo

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Fargo Davies High School Total Time: 1:04:16.86 Average: 12:51.38	20	1	2	4	6	7	8	13		
2	West Fargo Sheyenne High Total Time: 1:08:29.83 Average: 13:41.97	50	3	9	10	11	17	21	22		
3	Grand Forks Red River Total Time: 1:11:30.56 Average: 14:18.12	72	5	14	15	18	20	24	25		
4	West Fargo High School Total Time: 1:16:33.55 Average: 15:18.71	96	12	16	19	23	26	27			

West Fargo Invitational Cross Country Meet - 9/3/2016

M.B. Johnson Park

Results

#6 Boys 3k Run CC Middle Schoo

Comp#	Name	School	Time	Points
1	430 Meyer, Ryan 08	Grand Forks Central High	10:37.49	
2	404 Arnold, Adam 08	Grand Forks Central High	10:38.02	
3	461 Williamson, Joe 07	Grand Forks Central High	10:52.48	
4	104 Berney, Carter 07	Fargo Davies High School	11:01.25	
5	133 Jensen, Dylan 08	Fargo Davies High School	11:04.93	
6	513 Diedrech, Broden 08	Grand Forks Red River	11:08.83	
7	747 Quast, Jacob 07	West Fargo Sheyenne High	11:17.36	
8	434 Mutzenberger, Wyatt 07	Grand Forks Central High	11:44.65	
9	116 Drummond, Ryan 07	Fargo Davies High School	11:58.76	
10	418 Hanson, Jake 08	Grand Forks Central High	12:05.65	
11	721 Fitzpatrick, Kole 08	West Fargo Sheyenne High	12:36.94	
12	753 Saville, Hayden 08	West Fargo Sheyenne High	12:38.20	
13	821 Ingstad, Jack 08	Valley City High School	12:39.90	
14	139 Lucht, Sam 08	Fargo Davies High School	12:44.47	
15	772 Deutsch, Jake 07	West Fargo Sheyenne High	12:46.54	
16	954 Vaagene, Noah 08	West Fargo High School	12:52.50	
17	107 Bosch, Reagan 07	Fargo Davies High School	13:00.83	
18	446 Raymond, Drew 08	Grand Forks Central High	13:19.53	
19	155 Steidl, Liam 08	Fargo Davies High School	13:27.23	
20	916 Dullum, Lane 07	West Fargo High School	13:33.15	
21	943 Retzlaff, Lincoln 07	West Fargo High School	13:43.72	
22	951 Smith, Justin 07	West Fargo High School	13:46.57	
23	713 Carlsrud, Mason 07	West Fargo Sheyenne High	13:57.17	
24	128 Heyer, Eli 08	Fargo Davies High School	13:58.18	
25	444 Polries, Jackson 07	Grand Forks Central High	14:07.76	
26	765 Toy, Michael 08	West Fargo Sheyenne High	14:20.97	
27	716 Christensen, Noah 07	West Fargo Sheyenne High	14:33.73	
28	452 Sum, Emmett 07	Grand Forks Central High	14:46.43	
29	445 Puckett, Alejandro 08	Grand Forks Central High	15:12.16	
30	900 Anderson, Nicholas 07	West Fargo High School	15:32.28	
31	927 Huseby, Brandon 11	West Fargo High School	16:27.53	
32	918 Emerson, Roman 07	West Fargo High School	19:28.57	
33	719 Endres, Jack 08	West Fargo Sheyenne High	19:28.57	
34	730 Johnson, Caeden 07	West Fargo Sheyenne High	19:28.57	
35	710 Breidenbach, Zachary 07	West Fargo Sheyenne High	19:28.57	
36	460 Westereng, Torrey 07	Grand Forks Central High	19:28.57	
37	703 Benson, Nicholas 08	West Fargo Sheyenne High	19:28.57	
38	163 Werlinger, Andrew 08	Fargo Davies High School	19:28.57	
39	1005 Frueh, Dallas 08	Northern Cass High School	19:28.57	
40	532 Lynas, Samuel 08	Grand Forks Red River	19:28.57	
41	108 Brekke, Miles 08	Fargo Davies High School	19:28.57	
42	826 Scherr, Buddy 08	Valley City High School	19:28.57	
43	1010 Phillips, Ethan 07	Northern Cass High School	19:28.57	
44	935 Koehmstedt, Hayden 07	West Fargo High School	19:28.57	
45	533 McGee, Angelo 07	Grand Forks Red River	19:28.57	
46	825 Plagens, Owen 08	Valley City High School	19:28.57	
47	738 Meester, Riler 07	West Fargo Sheyenne High	19:28.57	
48	126 Hasbargen, Zander 08	Fargo Davies High School	19:28.57	
49	901 Askew, Robert 08	West Fargo High School	19:28.57	
50	124 Gray, Jackson 08	Fargo Davies High School	19:28.57	
51	401 Ahles, Tommy 07	Grand Forks Central High	19:28.57	
52	820 Ingstad, Eric 07	Valley City High School	19:28.57	
53	830 Wintch, Daniel 07	Valley City High School	19:28.57	
54	542 Schumacher, Eliot 08	Grand Forks Red River	19:28.57	

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Results

....#6 Boys 3k Run CC Middle Schoo

55	160	Van Dam, Evan 07	Fargo Davies High School	19:28.57
56	944	Rheaume, Colton 07	West Fargo High School	19:28.57
57	934	Knudsen, Caleb 08	West Fargo High School	19:28.57
58	756	Skogen, Thomas 08	West Fargo Sheyenne High	19:28.57
59	537	Reilley, Owen 07	Grand Forks Red River	19:28.57
60	134	Kringle, Evan 08	Fargo Davies High School	19:28.57
61	952	Solberg, Colton 07	West Fargo High School	19:28.57

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

Event 6 Boys 3k Run CC Middle Schoo

Name	Year School	Finals	Points
1 Meyer, Ryan	08 GF Central	10:37.49	1
2 Arnold, Adam	08 GF Central	10:38.02	2
3 Williamson, Joe	07 GF Central	10:52.48	3
4 Berney, Carter	07 Fargo Davies	11:01.25	4
5 Jensen, Dylan	08 Fargo Davies	11:04.93	5
6 Diedrech, Broden	08 GF Red River	11:08.83	6
7 Quast, Jacob	07 WF Sheyenne	11:17.36	7
8 Mutzenberger, Wyatt	07 GF Central	11:44.65	8
9 Drummond, Ryan	07 Fargo Davies	11:58.76	9
10 Hanson, Jake	08 GF Central	12:05.65	10
11 Fitzpatrick, Kole	08 WF Sheyenne	12:36.94	11
12 Saville, Hayden	08 WF Sheyenne	12:38.20	12
13 Ingstad, Jack	08 Valley City	12:39.90	13
14 Lucht, Sam	08 Fargo Davies	12:44.47	14
15 Deutsch, Jake	07 WF Sheyenne	12:46.54	15
16 Vaagene, Noah	08 West Fargo	12:52.50	16
17 Bosch, Reagan	07 Fargo Davies	13:00.83	17
18 Raymond, Drew	08 GF Central	13:19.53	18
19 Steidl, Liam	08 Fargo Davies	13:27.23	19
20 Dullum, Lane	07 West Fargo	13:33.15	20
21 Retzlaff, Lincoln	07 West Fargo	13:43.72	21
22 Smith, Justin	07 West Fargo	13:46.57	22
23 Carlsrud, Mason	07 WF Sheyenne	13:57.17	23
24 Heyer, Eli	08 Fargo Davies	13:58.18	24
25 Polries, Jackson	07 GF Central	14:07.76	25
26 Toy, Michael	08 WF Sheyenne	14:20.97	26
27 Christensen, Noah	07 WF Sheyenne	14:33.73	27
28 Sum, Emmett	07 GF Central	14:46.43	
29 Puckett, Alejandro	08 GF Central	15:12.16	
30 Anderson, Nicholas	07 West Fargo	15:32.28	28
31 Huseby, Brandon	11 West Fargo	16:27.53	29
32 Emerson, Roman	07 West Fargo	19:28.57	30
33 Endres, Jack	08 WF Sheyenne	19:28.57	
34 Johnson, Caeden	07 WF Sheyenne	19:28.57	
35 Breidenbach, Zachary	07 WF Sheyenne	19:28.57	
36 Westereng, Torrey	07 GF Central	19:28.57	
37 Benson, Nicholas	08 WF Sheyenne	19:28.57	
38 Werlinger, Andrew	08 Fargo Davies	19:28.57	
39 Frueh, Dallas	08 Northern Cass	19:28.57	
40 Lynas, Samuel	08 GF Red River	19:28.57	31
41 Brekke, Miles	08 Fargo Davies	19:28.57	
42 Scherr, Buddy	08 Valley City	19:28.57	32
43 Phillips, Ethan	07 Northern Cass	19:28.57	
44 Koehmstedt, Hayden	07 West Fargo	19:28.57	
45 McGee, Angelo	07 GF Red River	19:28.57	33
46 Plagens, Owen	08 Valley City	19:28.57	34
47 Meester, Riler	07 WF Sheyenne	19:28.57	
48 Hasbargen, Zander	08 Fargo Davies	19:28.57	
49 Askew, Robert	08 West Fargo	19:28.57	
50 Gray, Jackson	08 Fargo Davies	19:28.57	
51 Ahles, Tommy	07 GF Central	19:28.57	
52 Ingstad, Eric	07 Valley City	19:28.57	35

West Fargo Invitational Cross Country Meet - 9/3/2016
M.B. Johnson Park
Rankings

....Event 6 Boys 3k Run CC Middle Schoo

53 Wintch, Daniel	07 Valley City	19:28.57	36
54 Schumacher, Eliot	08 GF Red River	19:28.57	37
55 Van Dam, Evan	07 Fargo Davies	19:28.57	
56 Rheaume, Colton	07 West Fargo	19:28.57	
57 Knudsen, Caleb	08 West Fargo	19:28.57	
58 Skogen, Thomas	08 WF Sheyenne	19:28.57	
59 Reilley, Owen	07 GF Red River	19:28.57	38
60 Kringle, Evan	08 Fargo Davies	19:28.57	
61 Solberg, Colton	07 West Fargo	19:28.57	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Grand Forks Central High Total Time: 55:58.29 Average: 11:11.66	24	1	2	3	8	10	18	25		
2	Fargo Davies High School Total Time: 59:50.24 Average: 11:58.05	49	4	5	9	14	17	19	24		
3	West Fargo Sheyenne High Total Time: 1:03:16.21 Average: 12:39.25	68	7	11	12	15	23	26	27		
4	West Fargo High School Total Time: 1:09:28.22 Average: 13:53.65	107	16	20	21	22	28	29	30		
5	Grand Forks Red River Total Time: 1:29:03.11 Average: 17:48.63	145	6	31	33	37	38				
6	Valley City High School Total Time: 1:30:34.18 Average: 18:06.84	150	13	32	34	35	36				